

## Health Resources

### General Resources

- [MayoClinic.com](https://www.mayoclinic.com) - Thousands of physicians, scientists and researchers from Mayo Clinic share their expertise to empower you to manage your health.
- [Health Reference Center Academic](#)
- [Health & Wellness Resource Center](#)
- [PubMed](#)
- [WebMD](#)

### Flu Information

- [Flu.gov](#) - From the U.S. Department of Health and Human Services
- [Seasonal Influenza \(flu\)](#) - From the Center for Disease Control
- [Influenza](#) - From the Mayo Clinic
- [Influenza Information](#) - From the Mass. Department of Health and Human Services

### Government Agencies

- [Health.gov](#) - The U.S. Government Health Portal
- [Healthfinder](#) - from the Department of Health and Human Services
- [Centers for Disease Control and Prevention \(CDC\)](#)
- [Food and Drug Administration \(FDA\)](#)
- [Department of Health and Human Services](#)
- [Medicare](#)
- [National Institutes of Health \(NIH\)](#)
- [Massachusetts Department of Public Health](#)
- [Massachusetts Executive Office of Health and Human Services \(EOHHS\)](#)

### Organizations

- [American Medical Association](#)
- [American Heart Association](#)
- [American Lung Association](#)
- [Massachusetts Health Council](#)

### Misc. Resources

- [AMA Doctor Finder](#)
- [Cooley Dickinson Hospital](#)
- [Health Connector](#) - an independent state agency that helps Massachusetts residents find health care coverage.
- [Massachusetts Physician Profiles](#) - From the Massachusetts Board of Registration in Medicine
- [USDA National Nutrient Database](#) - get the nutritional information for almost any food